



La Vita Sana

THAI TRADITIONAL WELLNESS MENU

LA VITA SANA RELAXATION TREATMENT

Thai Full Body Massage	60 mins	1,000 THB / Person
	90 mins	1,300 THB / Person
Thai Aromatic Massage	60 mins	1,400 THB / Person
	90 mins	1,800 THB / Person
Relaxing Aromatherapy	60 mins	1,400 THB / Person
	90 mins	1,800 THB / Person
Hot Oil Massage	60 mins	1,400 THB / Person
	90 mins	1,800 THB / Person
Hot Herbal Ball Massage	60 mins	1,600 THB / Person
	90 mins	2,000 THB / Person
Release Muscle Tension	60 mins	1,500 THB / Person
	90 mins	1,900 THB / Person
After Sun Healing Massage	60 mins	1,400 THB / Person
Herbal Body Wrap	60 mins	1,200 THB / Person
La Vita Sana Coconut Body Scrub	60 mins	1,200 THB / Person

LA VITA SANA SIGNATURES

Thai Wisdom Combination Treatment	120 mins	2,900 THB / Person
Herbal-Infused Bathing & Relaxation	120 mins	3,500 THB / Person
Holistic Facial & Scalp Wellness Package	120 mins	4,500 THB / Person
Thai & Chinese Deep Sleep	120 mins	2,900 THB / Person

LA VITA SANA SIGNATURES

Full Body Replenishing	150 mins	2,900 THB / Person
La Vita Sana Half-Day Package	3.5 hours	3,900 THB / Person
La Vita Sana 1 Day Package	7.5 hours	6,900 THB / Person

LA VITA SANA ORIENTAL THERAPEUTIC TREATMENTS

Chinese Cupping	60 mins	1,700 THB / Person
Chinese Acupuncture	60 mins	1,700 THB / Person
Thai & Chinese Therapies	90 mins	2,500 THB / Person
Fire Rebalance	60 mins	1,800 THB / Person
Shirodhara	60 mins	2,200 THB / Person
Shirobhyanga	90 mins	2,500 THB / Person
Katidhara	90 mins	2,500 THB / Person

LA VITA SANA PAIN & RELIEF TREATMENTS

Migraine or Office Syndrome Relief Massage	90 mins	2,200 THB / Person
Neck Muscle Sprain Relief Massage	60 mins	1,700 THB / Person
Frozen Shoulder Massage	90 mins	2,200 THB / Person
Wrist Pain or Trigger Fingers Relief Massage	60 mins	1,700 THB / Person
Lower Back or Hip Pain Relief Massage	90 mins	2,200 THB / Person
Period Pain Relief Massage	90 mins	2,200 THB / Person
Knee Pain Relief Massage	90 mins	2,200 THB / Person
Sprained Ankle or Heel Pain Relief Massage	60 mins	1,700 THB / Person

LA VITA SANA AESTHETIC & FACIAL TREATMENT

La Vita Sana Natural Facial Treatment	60 mins	1,500 THB / Person
La Vita Sana Facial Detox by Jade Stone Treatment (Gua Sha)	60 mins	1,700 THB / Person
Facial Acupuncture & Mask	60 mins	2,000 THB / Person
Acupuncture for Body Shape	60 mins	1,800 THB / Person

LA VITA SANA + LA VELA JOURNEY

Post Long Covid Package	17,000 THB / Person (Treatment only/room rate not included)
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LA VITA SANA JUNIOR WELLBEING

Junior Aroma Massage	45 mins	850 THB / Person
After Sun Healing Massage for Kids	45 mins	850 THB / Person

LA VITA SANA ADD-ONS

Thai Herbal Eye Poultice	30 mins	900 THB / Person
Foot Massage	60 mins	800 THB / Person
La Vita Sana Onsen	3 Hours	650 THB / Person